



## Tips for LHP's by LHP's about Growing Your Health Ministry

- ▶ Do a congregational survey to figure out the wants and interests of your church members
- ▶ Distribute information about different diseases and the process they go through in the body
- ▶ Recruit speakers that are knowledgeable in different subjects to do a talk and Q&A session with your church
- ▶ Make sure the Pastor is involved with your health ministry & work to get their support
- ▶ Have a health committee meeting to align needs of church with the activities of the health committee
- ▶ Use the GoodNEWS website ([www.goodnews-trueliving.com](http://www.goodnews-trueliving.com)) to guide your health ministry
- ▶ Use several different types of media including bulletins, handouts, PowerPoint presentations, video/DVD, speakers, etc. to promote the health ministry
- ▶ Use Peer counseling to motivate individuals to be involved (Example: 1 Pastor motivating another Pastor to be involved in his health ministry)
- ▶ Identify the obstacles to a successful health ministry with the members of your church; if things have been stagnant for a while- take the time to re-evaluate where you are and what your goals should be.
- ▶ Have a Health Sunday! One LHP described that every 4<sup>th</sup> Sunday is health Sunday at their church. This usually involves having a speaker on a health topic, as well as those in the congregation who have experience with this health topic.
- ▶ Request to make special announcements during church service: This is a great way to promote your health ministry activities or recruit new people. To recruit people, have a handout with the GoodNEWS summary and a tear off portion where people can sign up to be in the health ministry.
- ▶ Three Steps to Growth: 1) meet w/ pastor; 2) get in front of the congregation; 3) extend an open invitation to the congregation to join the health ministry
- ▶ When you have a health ministry meeting or event, invite the whole congregation
- ▶ Health fair- solicit free medical supplies
- ▶ Keep announcements in the bulletin and in places where the congregation will continue to see health ministry activities
- ▶ Partner with another ministry at your church and do an event together
- ▶ Be consistent! Set regular times for meetings and events so that people know when the health ministry is doing things.