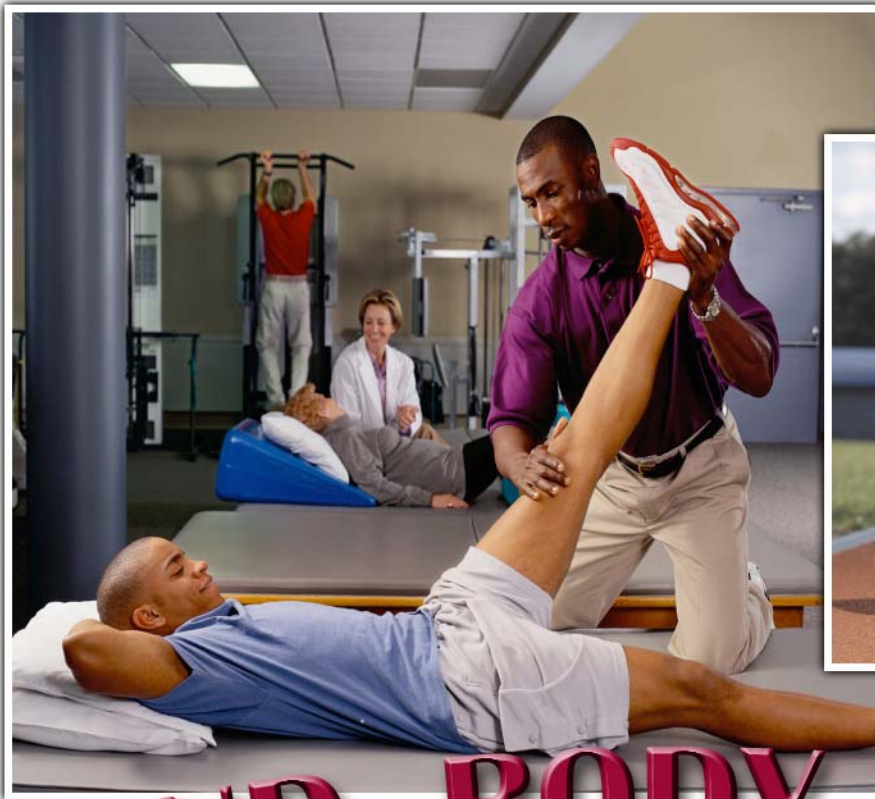


Shape up your



MIND, BODY & SOUL

“Lay Aside Every Weight...” -Hebrews 12:1

*Don't miss the opportunity to get yourself back into shape
The exercise class has come to you.*

Join our own Brother Nathan Wilson for an exciting exercise class offered on Saturday mornings from 7:30 a.m. - 8:30 a.m. and on Tuesday at 6:30 p.m.

Beginning February 21, 2009 ... to be held in the gym

115 W. Beltline Rd. • DeSoto, Texas 75115 • 972.230.4477

